

St Albans District Schools Swimming Association

Affiliated to Hertfordshire Schools Swimming Association (HSSA)/
English Schools Swimming Association (ESSA)

Years 5 & 6

Trials Gala for the Individual Championships 2011

Under ASA Laws & ASA Technical Rules of Swimming

At

Hertfordshire Sports Village

University of Hertfordshire, de Havilland Campus
Hatfield Business Park, Hatfield, Herts, AL10 9EU

Saturday 12th February 2011

Doors open and registration 5.00pm, Warm up 5.30pm, Start 6.00pm.
(Registration will close at 5.40pm)

All events are Heat Declared Winner.

Electronic Timing & Scoreboard will be operating.

Medals for first, second and third place, certificates for first to sixth place.
Trials gala cup will also be awarded.

This trials gala is used as the basis for selecting the team to represent St Albans District at the Hertfordshire Junior Schools Individual Championships on 20th May 2011.

EVENTS

Year 5: 50m Backstroke, Breaststroke, Butterfly and Freestyle.
Year 6: 50m Backstroke, Breaststroke, Butterfly and Freestyle.
(Separate events for Girls and Boys)

Cost of entry: £3 per swimmer (with no limit on events entered – max. 4)

Please send your completed entry, with cheque payable to St Albans District Schools Swimming Association, to the address below, by 31st January, 2011

Andrew Ellis
St Albans District Schools Swimming Association
63 Charmouth Road, St Albans, Herts., AL1 4TQ
E-Mail: andrew_ellis@stassa.org.uk

Please visit the StASSA website for promoter information. www.stassa.org.uk

**Level 4 ASA
licensed #4ER1177.**

For ASA members
swimming times to
count towards
national database
where ASA number
provided.

**St Albans District
Schools Swimming Association**

Affiliated to Hertfordshire Schools Swimming Association (HSSA)

Years 5 & 6

Trials Gala for the Individual Championships 2011

Under ASA Laws & ASA Technical Rules of Swimming

at

Hertfordshire Sports Village

University of Hertfordshire, de Havilland Campus
Hatfield Business Park, Hatfield, Herts, AL10 9EU

Saturday 12th February 2011

Doors open and registration 5.00pm, Warm up 5.30pm, Start 6.00pm.

ENTRY FORM

(Please use Block Capitals)

Full Name:		D.O.B. (D-M-Y):	
Address:		Male/Female (M/F):	
		School Year (5/6):	
		Swim Club (if any):	
		ASA number (if any):	
Phone:			
E-Mail:			
School:			

Entry Times (for scheduling in heats)

Please enter entry times for events entered - state the distance your entry time applies **if not 50m length**.
If you do not know your time, please tick the events you wish to enter. No time means a slower heat.

Backstroke	Time:	Distance	
Breaststroke	Time:	Distance	
Butterfly	Time:	Distance	
Freestyle	Time:	Distance	

All events will be swum over 50m (pool is 25m in length)

Signature of Head Teacher		Date	
Signature of Parent		Date	

Confirmation will be sent by e-mail. If you prefer written confirmation, please enclose a S.A.E.

Please return this form, with entry fee, by **Monday, 31st January, 2011** to:

Andrew Ellis, St Albans District Schools Swimming Association
63 Charmouth Road, St Albans, Herts., AL1 4SF

The organiser reserves the right to limit entries or events in the event of over subscription
(although in practice we do not anticipate this will occur).

E-Mail: andrew_ellis@stassa.org.uk